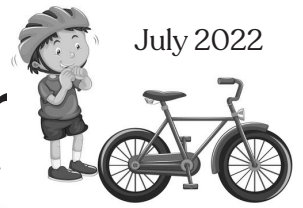


The Innisfree Informer

July 2022



Deb's Message in a Minute

I had a wonderful June, enjoying some vacation time but now I am back to our beautiful July. The longer days sees me out later and enjoying the smells of the flowers blooming.

The school parking lot is empty, and the kids are out riding their bikes and walking their dogs. I love this time of the year.

Thanks to the Village staff working hard to keep the village looking good with the grass growing quickly.

Congratulations Innisfree Public Library on your 10-year anniversary. Libraries are more than books. Check all the benefits of our library,

The Agricultural Society is planning the Fair on August 10. Watch for more information as details are finalized.

The museum is open from 9 to 5 Monday to Saturday and Sunday from 10 to 2. Drop-in and see what is new.

Innisfree Senior Citizens have started serving Coffee Monday mornings from 9 to 11 in the Seniors' Drop-in Centre. Drop in for a cup of coffee and see your friends there. This is coffee time is open to all ages.

Birch Lake Campground is now open. Drop by and meet Kat, our grounds person, and stay awhile and enjoy the great outdoors. The camp office is now stocked with a few important items for the campers and area residents if you need something for a meal. With the rain the grounds and camping spots look great. See the Mannville-Minburn-Innisfree FCSS Facebook page for up-to-date information available.

As we watch the news of the invasion of Ukraine, I pray for those caught in this conflict.

Check for updates as they are posted on the Village of Innisfree web site, www.innisfree.ca and, the Village of Innisfree Facebook page

Respectfully submitted by Deb McMann

Whatever you have planned for this week, make space for happy in your heart. Make space for happy in your life. If we don't make it a priority, it will get lost in the list of everything else that needs to get done.

-S.C. Lourie (butterfliesandpebbles)

Multi Sport Court Revitalization Project

The multi sport court revitalization project at Innisfree Delnorte School is making progress.

We have successfully raised enough money to proceed with the asphalt portion of the project. Spectre Systems out of Mundare is scheduled to start work at the beginning of July. With the construction work going on in the area behind the school and the arena, for safety reasons we ask that people avoid this area while equipment is working.

We would like to thank Clint Taylor for his time and equipment to mulch the trees along the west side of the perimeter fence at no charge to the project. Buffalo Trail Public School Division has agreed to mow this area to keep the trees from regrowing.

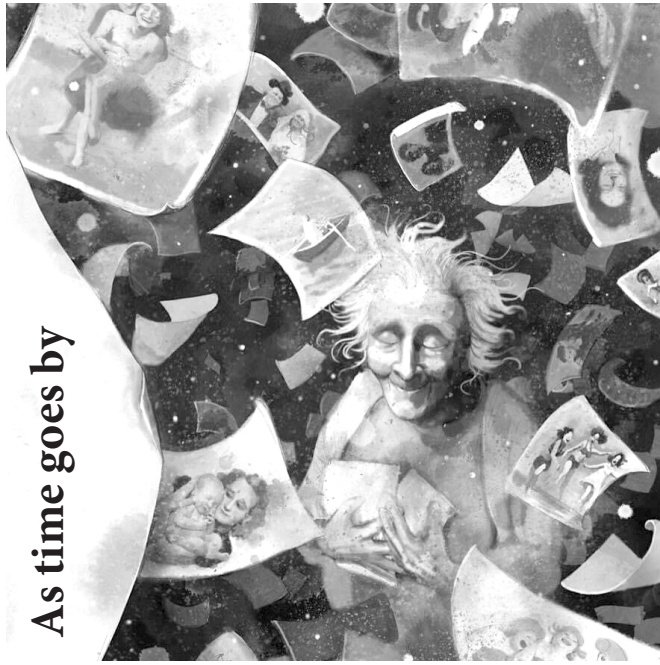
BTPS has removed the perimeter fence and with the help of Cory Hlus and his equipment, placed large concrete blocks between the east side of the courts and the playground area. The old wooden retaining wall was no longer serving the intended purpose and needed replacing. Thank you to Cory for his help. Thank you to Twin Lakes from Vegreville for delivering the concrete blocks to the project site at no additional charge. Thank you to BTPS for completing this portion of the project at their expense.

This project is located on school property and is being spear-headed by school council. However, this is a project for the benefit and enjoyment of our entire community. The goal of this project is to provide recreation opportunities for our community that do not currently exist. Our youth, families and seniors can enjoy this area while playing pickleball, basketball and street hockey. It has the potential to serve as a gathering area for community events and tournaments. It may also help to increase visitor numbers to the village, increase library and museum visits, reduce mischief, and grow awareness of our community.

The Innisfree School Financial Society has to date applied for several grants and funding opportunities. However, the project can not proceed without additional funding. We would like to take this opportunity to reach out to our community and request financial support to help build this project. Cheques may be made payable to the Innisfree School Financial Society and mailed to Box 275 Innisfree, AB T0B 2G0 or left at the Village of Innisfree office during office hours. Receipts will be issued for all donations received. We thank you for your support. If we work together as a community, we can accomplish great things.

If you have any suggestions or questions regarding this project please contact school council chair, Carmen Kassian.

Art by the amazing Lisa Aisato



As time goes by

As time goes by,

You will loosen your grip on that rock,
The one you always thought was home,
And you will realise that home is not a place,
It's a state of mind.
Let it go.

As times goes by,

You will learn to see yourself more clearly,
The girl who was always too much of one thing,
And too little of another, was actually
Everything she needed to be.
Let her out.

As time goes by,

You will let the simple things become the big,
And you will allow the big things to become the
simple,
And that readjustment will be,
The day you really start to live,
Let it be.

As time goes by,

You will be forced to say goodbye many times,
And your soft little heart will shatter but,
It will still beat and that will bring you,
All the purpose you need.
Let it beat.

As time goes by,

You will stop choosing wealth over peace,
You will stop choosing money over time,
And you will see that the treasures you need,
Are in the smiles and the laughter.
Let them in.

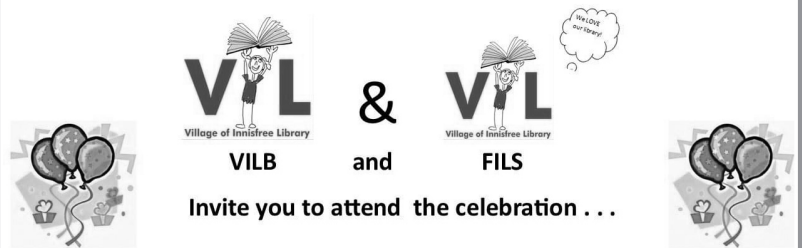
Fun Fact: The world's oldest person lives with over 7 billion people who were not around when he/she was born.

HAPPY ANNIVERSARY!

The Village of Innisfree Library is turning 10!



Celebrating 10 Years



Village of Innisfree Library

2 PM Thursday July 7th

**** Cake ** Refreshments ** Free Draw ****

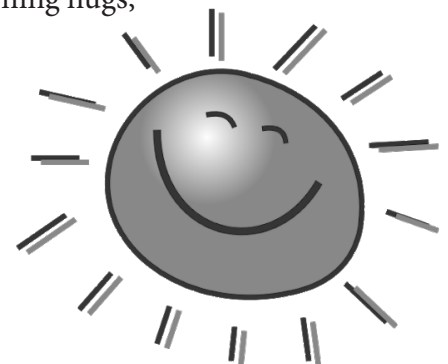
As times goes by,

The moments you remember when your life
flashes past,
Are never the awful memories my friend, it's the
joy,
The summer nights, the lazy days with loved ones,
The midnight chats and the morning hugs,
Let them happen.

Let them all happen.

Donna Ashworth

From 'the right words'





Hey Kids! Are you an artist, writer, inventor, or creative kid? The Informer wants to hear from you! Email your submissions or your creations to be featured in future issues! innisfreeinformer@gmail.com

Two elderly women were eating breakfast in a restaurant one morning. Ethel noticed something funny about Mabel's ear and she said, "Mabel, did you know you've got a suppository in your left ear?" Mabel answered, "I have a suppository?" She pulled it out and stared at it. Then she said, "Ethel, I'm glad you saw this thing. Now I think I know where my hearing aid is."

gla
I kn
hear



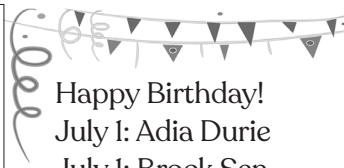
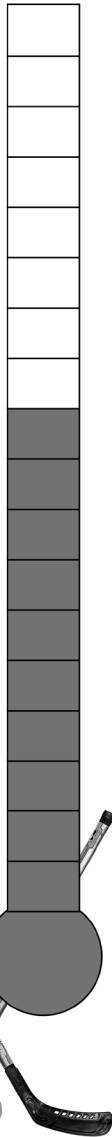
Innisfree & District Multi Sport Courts

Our Fundraising Goal: \$180,000.00

Thank you to the following donors:

- Buffalo Trail Public School Division
- County of Minburn
- Innisfree & District Ag Society
- Innisfree & District Fish & Game Association

Grand Total From Sponsors to Date: \$102,500.00



Happy Birthday!

- July 1: Adia Durie
- July 1: Brock Sen
- July 1: Kevin Zorniak
- July 2: Rosemary Roland
- July 5: Brett Lindballe
- July 5: Tom Nott
- July 6: Quinn Hlus
- July 10: Cynthia Hlushak
- July 10: Brandon Porter
- July 11: Terri Broadhead
- July 12: Logan Nott
- July 12: Ken Whitten
- July 13: Shelly Nott
- July 14: Rocco Blackburn



- July 15: Angeline Nott
- July 16: Austyn Fowler
- July 17: Sydnee Bouchier
- July 17: Anne Neil
- July 22: Sherry Fleck
- July 22: Jennifer Hodel
- July 23: Doug Crozier
- July 24: Elise Nott

Happy Anniversary!

- July 5: Carmen & Kevin Kassian
- July 15: Terri & Garth Broadhead
- July 28: Amanda & Calvin Broadhead
- July 24: John & Joanne Hlushak

INFORMER TRAVELS Readers!

Let's see how far our little newsletter can go.

If you or a friend plan to do some travelling, (now that we can!) send us a photo of you holding the Informer and tell us a little about where you went, what you saw and the adventures you had!

Innisfree School Growing with Net Zero

Exciting things are in the planning stages for Innisfree School for the 2022/23 school year & this includes a Net Zero Greenhouse! Innisfree School was the recipient of the A+ Energy Grant from Inside Education. Preference is given to schools that demonstrate measurable greenhouse gas emissions reductions & student engagement. Innisfree was 1 of 21 winners from across Alberta.

Below is the submitted from the Inside Education Website **THE FUTURE OF FOOD: A SUSTAINABLE APPROACH | \$5,000**

We are building a net zero greenhouse that will not only educate students, but also the surrounding community about renewable sources of energy. We want to introduce the community to the idea of solar power and how easy and effective it can be to use as well as how to use solar power to reduce our ecological footprint. Students will research how far food travels before reaching our small rural community and discuss how their ecological footprint can be reduced by growing food in our net zero greenhouse. The fruits and vegetables that we will be growing will be enjoyed by both the students and the community, to help cut down on the amount of non-renewable energy that is required to get our food from field to fork. We will host community farmers markets where we can sell our local produce and other locally made products, as well as have students give presentations about our greenhouse to educate and inform our community about how they can reduce their ecological footprint. To wrap up the project, students will reevaluate their ecological footprint after incorporating the locally grown and sourced products from our market. We will present our findings at a school assembly, at a parent council meeting, and at a town council meeting.

We are so excited to start this project in August & students will have the opportunity to build the greenhouse in our new woodworking shop!

C There was a papa mole,
OUTDOOR

R a momma mole, and a
N baby mole. They lived
E in a hole out in the
R country near a farm-
house.

Papa mole poked his head out of the hole and said, "Mmmm, I smell sausage!" Momma mole poked her head outside the hole and said, "Mmmm, I smell pancakes!" Baby mole tried to stick his head outside but couldn't because of the two bigger moles. Baby mole said, "The only thing I smell is molasses."



"Barbara you just have to come over and see all my eggs! The address is: Doris Griswold, 5 feet, 4 inches, 160 pounds, brown eyes - I'm in her hair."

OUTDOOR CORNER is sponsored by:
PARANYCH CONSULTING 403-506-4667

Submissions for the Outdoor Corner are welcome.
Hunting, fishing and outdoor stories, facts or jokes!
Email: innisfreeinformer@gmail.com



Is someone special celebrating next month?

Send in your AUGUST

Birthdays & Anniversaries for the August issue!

Please send birthday or anniversary names and dates by
July 25 to wish your loved ones a special day!

Email to: innisfreeinformer@gmail.com

Now available in Innisfree:

PARTS PICKED UP IN VEG!



**Delivered to
Innisfree by
Tara when
working in
Vegreville**

TARA LEIBEL



780-571-7703

**Q: Why was the broom late for school?
A: It over swept**

EVENTS CALENDAR

Here's What's Happening!

- July 5: Innisfree Agricultural Society Meeting
- July 6: Village of Innisfree Library Board Meeting
- July 7: Village of Innisfree Library
10 Year Anniversary Celebration 2 pm
- July 13: Coffee Connections:
Mannville 10 am and Innisfree 1 pm
- July 19: Village of Innisfree meeting

*Please send your event info (name, date, location) by
July 25 to be included in the August Calendar of Events*

**TO RENT: The Minburn Hall,
Seniors Centre or Curling Rink:
Call Dawn 780-581-0592**

**SUBDIVISION AND DEVELOPMENT APPEAL BOARD
REQUEST FOR MEMBERS OF PUBLIC AT LARGE**

The Village of Innisfree requires two (2) members of public at large for the Subdivision and Development Appeal Board. This quasi-judicial body, appointed by Council, makes impartial and unbiased decisions on challenges of subdivision or development authority decisions and stop work orders. Deliberations are based on the municipal planning documents such as the Land Use Bylaw and Municipal Development Plans, provincial statute and information presented by hearing participants.

Subdivision and Development Appeal Board hearings are scheduled as required. Board members are appointed for a one (1) year term with an option to be reappointed for a second term.

Village residents with an interest or experience in planning or development activities are invited to submit a resume including a statement on your interest and abilities in serving in this capacity.

Mandatory training is required upon appointment. Cost of training will be covered by the Municipality (if applicable).

Compensation will be offered to the appointed members of public at large who attend the scheduled Subdivision and Development Appeal Board hearings as required.

Position's will remain open until suitable candidates are found.

Please mail, fax, email or drop off resumes to:

Subdivision and Development Appeal Board

Attn: Brooke Magosse, Clerk

Box 69, 5116 50 Avenue

Innisfree, AB T0B 2G0

F: 780-592-3729 E: cao@innisfree.ca

A little old man shuffled slowly into an ice cream parlor and pulled himself slowly, painfully, up onto a stool... After catching his breath, he ordered a banana split. The waitress asked kindly, 'Crushed nuts?' 'No,' he replied, 'Arthritis.'

Fun Fact: In Switzerland, you are not allowed to hang your washing to dry outside on a Sunday.

Kids helpline # 1-800-668-6868
Mental Health Helpline # 1-877-303-2642



Mannville – Minburn – Innisfree
Family & Community Support Services
And
Yellowhead Community Support Society

FOR DETAILED INFORMATION:

Location: 5004-49 Street Suite # 4 Mannville

Email: mmifcss@mannville.com **Phone:** 780-763-3005

Website: <https://mmifcss.wixsite.com/mmifcss>

Facebook: Mannville-Minburn-Innisfree Family & Community Support Services

Instagram: @mmifcss

In person: Drop by FCSS office to see what is happening in or check out the Community Bulletin Boards & Newsletters for posters

CONNECTING COMMUNITY

Coffee Connections: creates connections & opportunities to address needs and improve quality of life.

Wednesday, July 13 Mannville FCSS office @ 10-11:30am
 Innisfree Millennium Building @ 1-3pm

PUBLIC INFORMATION & EDUCATION

-Information & Referral & Resource Program: assist with forms/applications for financial supports for seniors; connect people to advocates for: Elder Abuse; Woman's/Men's Shelters; Guardianship; Alberta Supports; Service Canada; Alberta Health Services; Wills & Estates; Alberta Seniors Benefits; Funeral planning; Congratulatory Messages for Seniors; Seniors Adaptation & Repair Program.

-Endeavour To Be Different: Building resilience with a focus on joy of creating, time to build connections, engage in conversation, gain a sense of accomplishment & expression of feelings & emotions through art.

Building Community and a Birdhouse- ages 12 and up. July 5 6:30pm Mannville Gazebo. Call to register by June 30th

PROGRAMMING

- FCSS has contacted community groups and organizations to prepare a Community Events Calendar for July & August that will showcase activities from all our community groups for all ages. The calendar will be posted in Mannville, Minburn and Innisfree as well as online. Please contact us if you would like to add your event.

COMMUNITY DEVELOPMENT & SERVICE

- Are you new to the community or do you know of someone who is?

Newcomer Welcome Packages are available at FCSS. We are also taking donations of marketing material at this time.

-Our **Friendly Phone Visiting Program** will be starting up again soon. Please let us know if you'd like to be added to our call out list.

M-M-I F.C.S.S. TEAM

Stop by the office to meet the new staff.

KALYNA MMI FAMILY RESOURCE NETWORK

-delivers high-quality prevention & early intervention services and supports for families with children 0-18 years old. These services focus on strengthening parenting and caregiving knowledge, social support, coping & problem-solving skills, access to community supports & resources, improving child & youth development, building resiliency, & fostering wellbeing. FRN newsletters available.

Call or text: Alicia @ 780-581-4149

Facebook: MMI Family Resource Network



June 21, 2022 Village of Innisfree

Regular Council Meeting Highlights

Mayor and Council met on June 21st, 2022, for a Regular Council meeting.

Policies/Bylaws:

- Council approved Amended Cell Phone Policy 1200-01
- Council approved Equipment Rental Policy 3200-02

New Business:

- Council authorized the transfer of the Innisfree Fire Hall building to the County of Minburn pursuant to the Regional Fire Services Agreement approved January 1st, 2022.
- Council direct Administration to compile the Village Council perspectives on the County of Minburn Economic Development Strategies (EDS) per discussion and report the same during the CAO EDS interview.
- Council adjourned the scheduled July 26, 2022, Public Auction to August 25, 2022 at 5:00 PM pursuant to Section 422 (1)-(3) of the *Municipal Government Act*. Further, Council amends the reserve bid for Plan 6127HW; Block 20; Lots 5-6 to \$35,000 pursuant to Section 419 (a)-(b) of the *Municipal Government Act* and the revised Comparative Market Analysis dated June 17, 2022. Furthermore, Council directed Administration to re-advertise the Public Auction in the July 15 Issue of the Alberta Gazette pursuant to Section 421 (1)-(4) of the *Municipal Government Act*.
- Council approved a quote for the installation of lighting at the Innisfree Recreation Park in the amount of \$2,895.11 (GST Excluded) pursuant to MSP Grant Application – Birch Lake Campground Rehabilitation.
- Council proclaimed September 19-25, 2022, as Rail Safety Week. The Council Agenda, approved Policies and Draft Minutes can be found at: www.innisfree.ca The Next Regular Council Meeting is scheduled for July 19, 2022, at 5:00 P.M.

50's - 60's

Neighbourhood Outdoor Gathering

(meet your neighbours)

July 23, 2022

2:00 PM

4832-52 Street

Innisfree, AB

Innisfree Residents Only!

WHAT TO BRING:

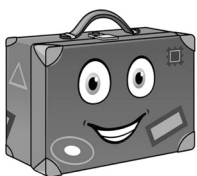
1. Pot Luck (Side Dish)
2. Your Own Refreshments
3. Chair

Hamburgers, Hotdogs, Buns, and Condiments

Provided

Your Hosts:

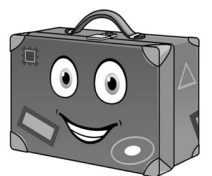
Deb & Ken Packwood



Where do beekeepers stay on vacation? **Air bee and bee.**

Where do sharks go on vacation? **Finland.**

What did the llama say before his vacation? **Alpaca bag.**



DOUBLE STUFF OREOS SHOULD JUST BE CALLED OREOS, AND REGULAR OREOS SHOULD BE CALLED DIET OREOS



NOTICE OF ADJOURNMENT TAX SALE PUBLIC AUCTION VILLAGE OF INNISFREE

Notice is hereby given, under the provisions of the Municipal Government Act, the Village of Innisfree has adjourned the 2021 Tax Sale Public Auction scheduled for July 26, 2022, and has **RESCHEDULED** the Tax Sale Public Auction as follows:

Date: Thursday, August 25, 2022
Location: Village Office (5116 – 50 Avenue, Innisfree Alberta T0B 2G0)
Time: 5:00 pm

The Village of Innisfree will offer for sale, by Public Auction, the following lands:

LINC Number	Legal Description	Title Number
0015651599	8776S; 16; 6	102361885
0014926604	4175R; 9; 10-11	982397025
0013126040	3340HW; 19; 1	132083725
0016261489 / 0016261497	6127HW; 20; 5-6	182306452 / 182306452 +1
0018368266 / 0018368274	4175R; 6; 4-6	192155373 / 95F125

- These parcels are being offered for sale by auction, subject to a reserve bid and to certain registrations shown on the existing certificate of title as described in section 423(1) of the *Municipal Government Act*.
- These parcels are being offered for sale on an "as is, where is" basis, and the Village of Innisfree makes no representation and gives no warranty whatsoever as to the adequacy of services, soil conditions, land use districting, building and development conditions, absence or presence of environmental contamination, or the developability of the parcel for any intended use by the successful bidder. No bid will be accepted where the bidder attempts to attach conditions precedent to the sale of any parcel. No Terms or Conditions of Sale will be considered other than those specified by the Village of Innisfree.
- The parcels listed above shall be subject to the tax sale if the total outstanding property tax arrears remain outstanding prior to the tax sale.
- Successful bidders shall be required to execute a Sale Agreement in a form and substance acceptable to the Village of Innisfree.
- A non-refundable deposit equal to 10% of the purchase price, by bank draft or by lawyer's trust cheque shall be due on the sale date, with the balance of the purchase price due on closing.
- Purchasers are responsible for obtaining vacant possession.
- If no offer is received for a parcel, or if the reserve bid is not met, the parcel will not be sold at the public auction. The Village of Innisfree may, after the public auction, become the owner of any parcel of land not sold at the public auction.
- All sales are subject to current taxes.
- GST shall apply on parcels sold at the public auction.
- Redemption may be affected by payment of all arrears of taxes and costs at any time prior to the date of the sale. Parcels may be deleted from this sale as the tax arrears and costs are paid.

Dated this 21st day of June, 2022

Brooke Magosse, Chief Administrative Officer

We DO NOT throw away perfectly good food in this house. We put the leftovers in Tupperware, put the Tupperware in the fridge, let it go bad, THEN throw it out!

NOTICE TO RESIDENTS

MAINTENANCE OF GRASS/TREES & UNSIGHTLY PROPERTIES

Pursuant to Unsightly Bylaw 597-15, please keep in mind this summer that you are responsible for:

- The care of your property, back alley, boulevard, and the sidewalks around it,
- Cutting your grass and keeping weeds under control,
- Trimming your trees and making sure they do not hang over onto the sidewalk or back alley,
- All grass and tree trimmings must be bagged and set out with garbage to be picked up on Tuesday's.

Also, pursuant to Traffic Control Bylaw 670-22:

- No Person shall occupy, or suffer, or permit any other Person to occupy a Trailer, Holiday Trailer upon a Highway or Village-owned Property which has not been designated for Trailer or Holiday Trailer Parking unless for a special occasion and then no longer than 48 hours or a longer time is granted.
- An Owner or Operator of a Vehicle and attached Trailer or Holiday Trailer shall not park the Vehicle and attached Trailer or Holiday Trailer on a Highway or Roadway for more than forty-eight (48) consecutive hours.

PARKING OF TRAILERS OR HOLIDAY TRAILERS

Pursuant to Traffic Control Bylaw 670-22 (Section 6.6 through 6.9), please keep in mind this summer that:

- No Person shall occupy, suffer, or permit any other Person to occupy a Trailer, Holiday Trailer upon a Highway or Village-owned Property which has not been designated for Trailer or Holiday Trailer Parking unless for a special occasion and then **no longer than 48 hours** or a longer time is granted.
- Notwithstanding the provisions of 6.6, a Person may Park and occupy a Trailer or Holiday Trailer upon Village-Owned Property provided that written permission has been obtained from the CAO or their designate.
- An Owner or Operator of a Vehicle and attached Trailer or Holiday Trailer shall not park the Vehicle and attached Trailer or Holiday Trailer on a Highway or Roadway for more than forty-eight (48) consecutive hours.
- An Owner or Operator of a Vehicle and Trailer, Trailer or Holiday Trailer shall not Park the Vehicle and Trailer, Trailer or Holiday Trailer or any part thereof on a Roadway, Highway or Highway right-of-way if, in the opinion of a Peace Officer, it constitutes an obstruction, presents a safety concern, or otherwise impedes the progress of other users of the sidewalk, pathway, Roadway, Highway or Highway right-of-way.

CANINE & FELINE CONTROL

The Village of Innisfree Administration would like to remind the public of the Canine Bylaw 601-15 & Feline Bylaw 607/15: Canine Bylaw 601-15 & Feline Bylaw 607/15 clearly states that no owner shall allow their Dog(s) or cat(s) to run at large, at any time, without being leashed or harnessed while off the premises of its owner.

The Village of Innisfree would like to share, with its residents, simple steps to humanely deter unwanted cats from their yards and flower beds:

- Some plants and herbs naturally deter cats by giving off smells that cats dislike, including Rue, Lavender, Pennyroyal, Lemongrass, Coleus and Citronella.
- There are numerous types of cat repellent sprays and granules, which can be purchased at many hardware stores.
- Water is an effective repellent. Gently spraying or splashing water on a cat is a useful method for keeping them away.
- Remove any food sources that may be attracting cats into your yard. Ensure garbage / compost bins are securely shut.
- Bury chicken wire in the soil in the flower beds that you especially don't want cats to enter.
- While property owners can take steps to deter cats from their yards, bear in mind you **cannot, under law, do anything to harm the animal.**

Please refrain from feeding stray dogs or cats!!

Dog or Cat in distress or abused

If you suspect a dog or cat is in distress or has been abused, make a complaint to:

Alberta SPCA
Phone: 1-800-455-9003

For more information you can find *Unsightly Premises Bylaw 597-15, Canine Bylaw 601-15, Feline Bylaw 607-15 & Traffic Control Bylaw 670-22* on our website www.innisfree.ca.

Innisfree walking club walks at the Innisfree Rec Centre. Please join us for a walk.



News from the Innisfree Walking Club

Hello everyone,

I myself have not been walking lately but we still want to bake and eat cake! So I picked out a couple of coffee cakes for you to try.

But before I give them to you I have a special note for those of you who tried the Brazilian Cheese Bread from the June issue:

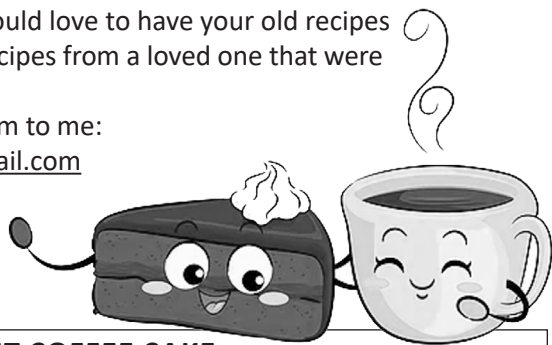
Note: Before pouring the batter into the mini muffin pan put the oiled muffin pan into the oven and heat to red hot THEN pour in the batter and bake. I realized that step was missing and you may have had a very hard time getting those little suckers out of that muffin pan. Sorry!

Enjoy your cakes with a delicious cup of coffee or tea!

Remember we would love to have your old recipes you still use, or recipes from a loved one that were passed to you.

You can email them to me:

gaylefoyster@gmail.com



RAISIN WALNUT COFFEE CAKE

Ingredients:

2 ½ cups all purpose flour	½ tsp cinnamon
2 tsp baking powder	½ cup raisins
1 tsp baking soda	1 cup white sugar
½ tsp salt	1 cup unsalted butter
2 cups chopped walnuts	3 eggs
¾ cup brown sugar	2 tsp pure vanilla extract
	1 cup sour cream

Directions:

- Heat oven to 375 degrees F.
- Butter an angel food cake pan.
- In medium bowl stir together flour, baking powder, baking soda and salt.
- In small bowl combine chopped walnuts, brown sugar and cinnamon. Transfer half of this mix to another bowl and mix in raisins.
- Using mixer on medium beat white sugar and butter for 2 min. Beat in eggs one at a time then vanilla.
- On low speed mix in flour mixture until just combined.
- Add sour cream and mix until just combined. (Batter should be very thick.)
- Spread half the batter evenly into prepared pan and sprinkle with raisin-walnut mixture. Top with remaining batter and sprinkle with walnut mixture.
- Bake at 375 for 30 mins then reduce oven temp to 300 degrees F and continue baking till wooden pick comes out clean. Approx 20 to 25 mins.
- Cool cake completely in pan on wire rack.

BUTTERMILK BLUEBERRY/CRANBERRY CAKE

Ingredients:

½ C Unsalted Butter	2 tsp baking powder
Zest of large lemon	1 tsp salt
1 C sugar (set aside 1 T for sprinkling)	1 cup frozen blueberries
1 Egg, room temp	1 cup frozen cranberries (or fresh) (You can use 2 cups total of either fruit if you don't have both)
1 tsp vanilla	½ C Buttermilk
2 C Flour (hold back ¼ C of this to toss fruit in)	

Directions:

- Grease 8 inch square pan.
- Oven to 350 degrees. Cream butter, lemon zest and sugar until light and fluffy.
- Add egg and vanilla beat till combined. Toss fruit with the ¼ C flour.
- Whisk together remaining flour, salt and baking powder.
- Add ½ the flour mixture to the batter and stir with spatula to incorporate.
- Add all the buttermilk and stir. Add rest of flour and stir till absorbed.
- Fold in the fruit.
- Spread into greased pan and sprinkle with the tablespoon of sugar.
- Bake for 35 to 45 mins. Could take 50 mins. Cool.
- Mix lemon juice with icing sugar for a glaze to pour over cooled cake. *Serve with whipping cream.*



If I got 50 cents for every failed math exam, I'd have \$6.30 now!

Minburn Playground Project!

The sand is in! The hard-working Ag Society Board members have earned a rest. We are very thankful to the County of Minburn No. 27 for the recreation grant funding and providing the skid steer and operator and making this playground project a reality!



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HUGE

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THE VILLAGE OF INNISFREE WOULD ALSO LIKE TO EXTEND
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I found that I have been happier since I changed
from coffee in the morning to orange juice.
My doctor explained that it's the vitamin C and
natural sugars but I really think it's the vodka.

BOUNDARY-SETTING SENTENCES

- "I CAN'T DO THAT, BUT I CAN HELP YOU FIND SOMEONE WHO CAN."
- "I APPRECIATE THE GESTURE, BUT IN THE FUTURE, I'D PREFER..."
- "I CAN'T TAKE ON ADDITIONAL RESPONSIBILITIES RIGHT NOW."
- "I'M NOT COMFORTABLE DISCUSSING THIS TOPIC WITH YOU."
- "I'M UNCOMFORTABLE WITH WHAT YOU JUST SAID / DID."
- "THANKS FOR YOUR CONCERN, BUT I CAN HANDLE THIS."
- "I CAN'T ATTEND, BUT I APPRECIATE THE INVITATION."
- "I DON'T GIVE YOU PERMISSION TO DO [X] TO ME."
- "I CAN'T DO [X], BUT I'M OPEN TO TRYING [Y]."
- "I DON'T FEEL SAFE SO I'M GOING TO LEAVE."
- "I WON'T BE SPOKEN TO IN THAT MANNER."
- "I'M ALLOWED TO CHANGE MY MIND."
- "THANKS, BUT I'M NOT INTERESTED."
- "I WISH I COULD, BUT I CAN'T."
- "NO, THANK YOU."
- "NO."



WORD FIND: Positive Coping Skills

Z U Y H U D D T S B I R E T T E L A E T I R W E
 Q L W G D U V G S Y O S A W T T H L V Y D C I G
 N S O E D I V Y N N U F H C T A W A E C K Q K R
 I F A M V T H C T A W V U H V R K N O Z I U Y G
 H F Y A P L A Y S P O R T S Q T S R Y J N K E D
 U B J G T W E C N X H X O P A U T U K W H A L U
 G W C A U A T O A Q V T E V H V Y O X A S H Q D
 A U R Y S R K C K V I U O S W M M J I R I X J B
 P Z C A U D E P F N X V E T N G I A F N T M D Y
 I X Q L O G P A U C M A L E H L T N H B A D Q J
 L G J P Z T U M X L R A P W U C F I L A L A W L
 L C S O K R C M H S O F E W Z G K E G W K N R U
 O C O D R D E X C E R C I S E J I T K E T C E Q
 W Y U F J P R N E E L L Q G J B H I I D O E A L
 B B M N A R E V B O L G D G B H J R E F S S D V
 Y F T D V R O L O C P I E K J A H W I A O Z A G
 G P A E P L A Y V I D E O G A M E S Z D M B G D
 U B K R B J D O A P U Z Z L E Y W T P V E D O Y
 D Q E F U U M T M Q D B A Y N Q S A T P O E O C
 Q F A U M T Z X P W Q Q U O P L G N I S N E D S
 T U W U L E K I B A E D I R A H L Q T Q E L B N
 H X A M L Z O J B F I G T P O T K K O O C R O J
 P I L B Q C S A Y K E O R Z L R B X S G F T O T
 W X K O Y A S E E A M O V I E O P N S Q N I K E

- WATCH FUNNY VIDEOS
- READ A GOOD BOOK
- HUG A PILLOW
- PLAY SPORTS
- TAKE A WALK
- COLOR
- DRAW

- WRITE IN A JOURNAL
- TALK TO SOMEONE
- DO A PUZZLE
- RIDE A BIKE
- EXERCISE
- COOK
- SING

- PLAY VIDEO GAMES
- WRITE A LETTER
- PLAY A GAME
- SEE A MOVIE
- WATCH TV
- DANCE

Save the Date!

**Minburn Heifer Show,
 Parade & Bench Fair
 August 13, 2022**

An out-of-towner drove his car into a ditch in a desolated area. Luckily, a local farmer came to help with his big strong horse named Buddy. He hitched Buddy up to the car and yelled, "Pull, Nellie, pull!" Buddy didn't move. Then the farmer hollered, "Pull, Buster, pull!" Buddy didn't respond.

Once more the farmer commanded, "Pull, Coco, pull!" Nothing. Then the farmer nonchalantly said, "Pull, Buddy, pull!" And the horse easily dragged the car out of the ditch. The motorist was most appreciative and very curious. He asked the farmer why he called his horse by the wrong name three times. The farmer said, "Oh, Buddy is blind and if he thought he was the only one pulling, he wouldn't even try!"

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Beware of White Picket Fences!... by Deb Barber

I am pretty sure that when Farmer Hubby was younger the pinnacle of success was portrayed as being married,

having a family, a house and the white picket fence. Once that was obtained then you were set for life!

So naturally somewhere along the way we acquired a white picket fence, okay in actuality it is a 320 foot long, white two-board fence that runs along the driveway, but it is close enough to serve the purpose.

Now you are wondering why would one need to beware of a white picket fence? Well, sadly, anything that is painted at some point will require a touch up or may be a complete make over! We have found that usually every seven years the fence needs a good repainting.

The first time we used a steel brush to remove the old, flaking paint and it worked well. Round two we ended up taking a belt sander to it and this go round it was time to replace many of the rotting boards and posts.

The thing is at 35 years of age, painting the fence all 320 feet, times two boards, times two sides plus the fence posts wasn't all that daunting! Fast forward 25 years and 1280 feet of fence to paint has become a lot more overwhelming!

I have broken it down into sections; I have 16 sections completed and 24 sections left to conquer. Luckily for me

Farmer Hubby has completed his task of replacing the decayed boards and I plan to place a paint brush in his hand over the next few days.

I had to take a short break from painting when we had those lovely rainy days, it was no hardship as I needed some recovery time, but also the moisture was so desperately desired that I was happy to spend some hours in the house! The garden and grass should really take off now and I will be using up all that recently stored energy all too soon!

It seems like the painting all comes due in the same year; I think we need to figure out how to space it out a tad bit better. Today I was busy lightly sanding the outdoor, cedar swing as it needs a new coat of stain. I have also noted that the deck is looking a bit shabby and time permitting we will probably need to address that as well!

Not to be left out, while I had the 'mouse' sander out I decided to remove the peeling paint from the bird feeder. Some years ago, I had painted it a beautiful, robin's egg blue, but now it has a shabby and not chic look to it! After sanding off the better part of the old paint I realized that the feeder is probably on its last legs. Sadly, the birds love it as the squirrel is unable to climb onto or into it. I decided to make the most of the current look and grabbed some brown paint, bits of the blue still comes through but that is just fine. I've decided to go for a rustic old homestead look! I need to let this coat of paint dry but between all the other

painting projects I am hoping to paint some details onto it like wood shakes for the roof and some highlights in white outlining the windows and railing. I'm sure the birds won't really care as long as it remains filled with their favorite black oil sunflower seeds!

Our yard use to be home to hundreds of yellow finches, but for the last two years we have only a small handful of a half dozen or so that come grace the deck railing and the trees. I have no idea what has changed, perhaps due to weather and other natural disasters they have altered their migration route. I miss them. I have seen a ruby throated hummingbird hanging around and have a few feeders strung up in the trees in case there are more that are too shy to come visit me.

The berry bushes have been swarmed by more bees and wasps than I have encountered in the last few years, so we are hopeful for a potentially bountiful harvest of raspberries and saskatoons... yum!



If you enjoy a weekly dose of Farm Wife humour please check out my blog at: <https://farmwifediary.blog>

querencia

(n.) a place where one feels safe, a place from which one's strength of character is drawn.

Don't judge a book by it's cover. My math textbook had a picture of someone enjoying themselves on it. I did not enjoy myself at all.

Finally got 8 hours of sleep. Took me four days, but whatever.



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Thank you to the Village of Innisfree and the Minburn Agricultural Society for their help and support of the Innisfree Informer. Thank you to the community for their encouragement, kind words, and submissions.

July 25, 2022 is the August Informer deadline for submissions. Email to: innisfreeinformer@gmail.com or text 780-632-1585