



# The Innisfree Informer

## Deb's Message in a Minute

It is time to turn the calendar over to February. January held a wide range of weather, different than I have ever seen. February is favorite month for me. The days are longer, and it is the short month moving onto March, and spring.

Valentines' Day is reminder to express love to our dearest. And then next thing we know it is Family Day. I hope we will be free to spend some time with family.

The weather has made it possible to make ice in the skating rink. I hope many have been able to find their skates and hit the ice! Not literally, but with their skates only!

There will be a By-Election to fill a Village council vacancy on Feb. 7, 2022. Village residents of 6 months or more, please cast your vote at the Village office Feb. 7th.

Peggy Toney Horton said, Each new year, we have before us a brand-new book containing 365 blank pages. Let us fill them with all the forgotten things from last year-the words we forgot to say, the love we forgot to show, and the charity we forgot to offer. I think this will fill the pages with happiness and peace beyond we have not seen for a very long time. How are you filling your pages?

Check for updates as they are posted on the Village web site, [www.innisfree.ca](http://www.innisfree.ca) and Facebook page, Village of Innisfree. See also Mannville-Minburn-Innisfree FCSS Facebook page for up-to-date information available.

Respectfully submitted by Deb McMann



## VALENTINES DAY : ALTERNATIVES



- GALENTINES DAY - SPEND IT WITH THE GIRLS
- MALENTINES DAY - SPEND IT WITH THE LADS
- PALENTINES DAY - SPEND IT WITH FRIENDS
- SALENTINES DAY - SPEND IT SHOPPING
- SAILENTINES DAY - SPEND IT ON A BOAT
- RAILENTINES DAY - SPEND IT ON A TRAIN
- NAILENTINES DAY - SPEND IT DOING D.I.Y
- WAILENTINES DAY - SPEND IT AT THE KARAOKE
- TALENTINES DAY - SPEND IT READING A BOOK
- TAILENTINES DAY - SPEND IT WITH PETS
- JAILENTINES DAY - AVOID THIS ONE

@allontheboard  
TWITTER · INSTAGRAM · FACEBOOK · YOUTUBE



SCHOOL

MAXIMUM  
**30**  
 km/h

**PLEASE!  
 SLOW  
 DOWN  
 WHEN  
 PASSING  
 INNISFREE  
 DELNORTE  
 SCHOOL**



## Hate has 4 letters, so does Love

Enemies has 7 letters, so does Friends.

Lying has 5 letters, so does Truth.

Negative has 8, so does Positive.

Under has 5, so does Above.

Cry has 3 letters, so does Joy.

Anger has 5 letters, so does Happy.

Right has 5 letters, so does Wrong.

Hurt has 4 letters, so does Heal.

It means life is like a double-edged sword... so transform every negative side into an aura of positivity... We should choose the better side of life.

-LifeLearnedFeelings

# ELECT Linda Dobler for Village of Innisfree Council

For those who many not know me, I am Linda Dobler. I was raised in the area and attended Innisfree School.

After graduation I moved to the city to attend additional education, but moved back in 2011 because my husband and I wanted to raise our sons in our home community.

I am a business owner and know the challenges many small businesses face, especially during these trying times. I volunteer in the community and support area organizations as well as locally-owned businesses.

If elected, the residents of the Village of Innisfree can be assured that I will be diligent to continue to build on what past elected council members have worked hard to build, while being mindful of strict budgets.

Should Village residents have any questions please don't hesitate to contact me at 780-592-2443.

**On February 7 consider voting for LINDA DOBLER in the Village of Innisfree By-Election.**



**Two little boys were at a wedding when one of them leaned over to the other and asked, "How many wives can a man have?" His friend answered, "Sixteen... four better, four worse, four richer, and four poorer."**

## Minburn Agricultural Society Annual General Meeting

**Thursday, February 3, 2022 at 7:00 p.m.  
at the Minburn Curling Rink**

Come out and be a part of our Ag Society!

LOOKING FOR NEW MEMBERS!  
EVERYONE IS WELCOME!



Fun Fact: You aren't stuck in traffic; You are traffic

I don't know who needs to hear this but rest is not a reward. You don't have to earn rest. You need rest. You deserve rest. You are worthy of rest simply because you are a living being. And don't ever feel guilty for taking time to rest.

-Eso, @coolurbanhippie

*Happy Birthday Mom, Gayle, Gramma!*  
**SO MUCH LOVE** from your family and friends



### Innisfree-Minburn 4-H Beef Club Report

*Submitted by Madeline Nott, Club Reporter*

We had our monthly meeting on January 12 at Minburn Curling Rink. We had a public speaking workshop before our meeting. Ms. Deanna Jackson, gave us some great tips and ideas of how public speaking can be presented.

We have our public speaking competition set for Feb 18 at Minburn Hall. We are hoping to have some really great speeches this year in person with judges. We also discussed a few different field trips to go on as a club. Hoping to go to Quarter Cuts to see their great facility and learn a whole different area of beef.

We have some great judging competitions coming up, at Lakeland College that a few members are hoping to participate in.

Next meeting is scheduled for February 9, 2022 in Innisfree

*Bradley McLaughlin thanking Deanna Jackson for giving us a great public speaking workshop*



LOCAL JURISDICTION: Village of Innisfree, PROVINCE OF ALBERTA

Notice is hereby given:

A. That an election will be held for the filling of the following offices:

Office(s)	Number of Vacancies	Ward or Electoral Division Number (if applicable)
Councillor	1	

Voting will take place on the 7<sup>th</sup> day of February 2022, between the hours of 10:00 AM and 8:00 PM.  
 Voting stations will be located at:

Village of Innisfree Administration Office  
 5116 – 50 Avenue, Innisfree Alberta T0B 2G0

In order to vote, you must produce identification for inspection. The identification must be one or more of:

- Identification issued by a Canadian government, whether federal, provincial or local, or an agency of that government, that contains a photograph of the elector and their name and current address
- Bank or credit card statement or personal cheque
- Residential lease or mortgage statement
- Utility Bill (for example, telephone, public utilities commission, television, hydro, gas or water)
- Government cheque or cheque stub
- Income or property tax assessment notice

As required by section 53 of the Local Authorities Election Act.

DATED at the Village of Innisfree, in the Province of Alberta,

this 13 day of January 20 22.

*Brooke Magosse*  
 Returning Officer

## VILLAGE OF INNISFREE

Municipal By-Election: February 7, 2022

### Voter Identification Requirements

In order to vote in the upcoming municipal elections, voters will be required to provide proof of their name and home address. The following types of verification meet the standard provincial requirement for one piece of identification.

- Identification issued by a Canadian government, whether federal, provincial, or local, or an agency of that government, that contains a photograph of the elector and their name and current address;
- Bank or credit card statement or personal cheque;
- Residential lease or mortgage statement;
- Utility bill (for example, telephone, public utilities commission, television, hydro, gas or water);
- Government cheque or cheque stub; or
- Income or property tax assessment notice.

More information regarding Voter ID Requirement can be found by visiting:  
<https://www.alberta.ca/municipal-elections-overview.aspx>

## Council Meeting Highlights - January 18, 2022

Mayor and Council met on January 18, 2022, for the Regular Council meeting.

The Council Agenda, approved Policies and Draft Minutes can be found at: [www.innisfree.ca](http://www.innisfree.ca)

Council discussed numerous items, which included:

### Policies/Bylaws:

- Traffic Bylaw 670-22 – Council provided First Reading to Traffic Bylaw 670-22
- Policy 1900-15 – Cost of Living Allowance – Council approved COLA Policy 1900-15

### New Business:

- **Donations to the Innisfree Prairie Bank of Commerce Historical Society** – Council approved the permanent donation of two Royal Canadian Legion Commemorations.
- **Rural Municipalities Association** – Council endorsed the membership of the Village to the RMA for 2022.
- **Overdue Write-off Accounts Receivable** – Council approved the write-off of several inactive/unrecoverable accounts.
- **Rural Alberta Adolescent Vaccine Access** – Council approved the Mayor to send a letter to the Premier and other provincial delegates expressing concerns for the access to adolescent vaccines in rural Alberta communities.

*The meeting was then adjourned.*

## OFFICIAL LIST OF CANDIDATES:

The "Official List of Candidates" for the 2022 Village of Innisfree Municipal By-Election for one (1) Councillor Vacancy are as follows:

Name of Candidate(s):  
 Anderson, Morris Edward  
 Brooks, Ken  
 Chesterton, Paul  
 Dobler, Linda  
 Overly, Brian  
 Raycraft, Evan Clarence

*-Returning Officer, Brooke Magosse*



**C** This farmer buys a dog to go duck hunting with. The first day out he shoots a duck and it falls in the lake. To his amazement the **OUTDOOR** dog walks on the water over to the duck, picks it up and brings it back to the farmer.

**R** To test his disbelief he shoots another one. Once again the dog walks over and retrieves the duck.

**N** The next day the farmer takes his friend duck hunting. The farmer shoots one duck and his dog retrieves it in his unique way. His friend says nothing.

**R** So the farmer shoots another duck and the dog retrieves it. Still his friend hasn't said a thing. So the farmer asks "Have you noticed anything unusual about my dog?" "Yes" answered his friend, "he can't swim can he?"



**Side of Venison**

Q: Which side of a deer has the most meat?

A: The inside!

**OUTDOOR CORNER is sponsored by:  
PARANYCH CONSULTING 403-506-4667**

**Q: What do you write in a slug's Valentine's Day card?"**

**A: Be my Valen-slime!**

**EVENTS CALENDAR**

*Here's What's Happening!*

- Feb 2: Village of Innisfree Library Board Meeting
- Feb 7: Village of Innisfree By-Election
- Feb 9: Coffee Connections, Mannville 10 am, Innisfree 1 pm
- Feb 14: Valentines Day
- Feb 15: Village Council Meeting
- Feb 16, 17, 18: Endeavour To Be Different Take Home Project Pick Up Dates
- Feb 21: Family Day
- Feb 21: Friends of Innisfree Library Meeting
- Feb 22: Innisfree School Council
- Feb 24: Ranfurly Senior Citizens Potluck Supper and Meeting

*Please send your event info (name, date, location) by Feb 25 to be included in the March Calendar of Events*

Submissions for the Outdoor Corner are welcome. Hunting, fishing and outdoor stories, facts or jokes!  
Email: [innisfreeinformer@gmail.com](mailto:innisfreeinformer@gmail.com)

**Is someone special celebrating next month?**



Send in your **MARCH Birthdays & Anniversaries** for the March issue!

Please send birthday or anniversary names and dates by Feb 25 to wish your loved ones a special day!

Email to: [innisfreeinformer@gmail.com](mailto:innisfreeinformer@gmail.com)

*Innisfree walking club has started again at the Innisfree Rec Centre. Please join us for a walk.*



*We walk weekdays 9 am to 9:30 am but may extend that to 10 am sometime in the future!*

*Cost is \$1.00*

**SUBDIVISION AND DEVELOPMENT APPEAL BOARD  
REQUEST FOR MEMBERS OF PUBLIC AT LARGE**

The Village of Innisfree requires two (2) members of public at large for the Subdivision and Development Appeal Board. This quasi-judicial body, appointed by Council, makes impartial and unbiased decisions on challenges of subdivision or development authority decisions and stop work orders. Deliberations are based on the municipal planning documents such as the Land Use Bylaw and Municipal Development Plans, provincial statute and information presented by hearing participants.

Subdivision and Development Appeal Board hearings are scheduled as required. Board members are appointed for a one (1) year term with an option to be reappointed for a second term.

Village residents with an interest or experience in planning or development activities are invited to submit a resume including a statement on your interest and abilities in serving in this capacity.

Mandatory training is required upon appointment. Cost of training will be covered by the Municipality (if applicable).

Compensation will be offered to the appointed members of public at large who attend the scheduled Subdivision and Development Appeal Board hearings as required.

**Position's will remain open until suitable candidates are found.**

Please mail, fax, email or drop off resumes to:

**Subdivision and Development Appeal Board**  
Attn: Brooke Magosse, Clerk  
Box 69, 5116 50 Avenue  
Innisfree, AB T0B 2G0  
F: 780-592-3729 E: [cao@innisfree.ca](mailto:cao@innisfree.ca)

"What's Cupid's favorite band?"

"Kiss!"

"What do you call two birds in love?"

"Tweet-hearts!"

"What did the stamp say to the envelope on Valentine's Day?"

"I'm stuck on you!"

**REMINDER**

All Persons shall dispose of garbage in an Approved Receptacle by first placing it in an appropriate disposable bag/container in good repair, securely tied, with a maximum weight of 20 kg. per bundle and/or a maximum length of 1.2 metres.

**Unbagged, untied, ripped or loose garbage will NOT be picked up by Village Staff.**

Should you have any questions and/or concerns about why your garbage has not been picked up, please contact the Village Office at (780) 592-3886 or email [cao@innisfree.ca](mailto:cao@innisfree.ca).

Thank you.

X  
NOT ACCEPTED



✓  
ACCEPTED



*Fun Fact: A bolt of lightning is six times hotter than the surface of the sun.*



# Hey Kids!

Are you an artist,  
writer, inventor,  
or all around creative kid?

The Informer wants to hear from you!  
Email your submissions or your  
creations to be featured in future issues!

innisfreeinformer@gmail.com

## Serendipitous Adventures Massage and Energy Healing

780-292-1089

Located in the "Barber" building in Innisfree, AB!

Advanced Orthopaedic Massage Therapist, Manual Osteopath,  
Meditation, Access Bars, Energetic Facelift, Deep Tissue Massage,  
Cupping, Myofascia Remodelling, Rapid NeuroFascial Release,  
Karuna Reiki, Energetic Body Processes, Personal Yoga-YT500  
And so much more...



Saturday & Sunday  
dates available

**Joanne Windsor**

MOT, RMT-AO, BFF

780-292-1089

1HotJava@gmail.com

Visit me on Facebook - Serendipitous Adventures

# iTax

## Business Solutions

**Ph: 780-763-0070**

**itaxbusiness@hmsinet.ca**



**Welcoming New Clients  
for the 2022 tax season and  
looking forward to serving  
my returning clients**

**Our address is 5040 - Main Street,  
Mannville, AB**

### BREAKING NEWS!

A truck carrying toupees crashed on the  
highway, scattering it's cargo.  
Police are combing the area.

## POSITIVE LANGUAGE ALTERNATIVES

- Calm down. → How can I help you?
- Stop crying. → I can see this is hard for you.
- You're ok. → Are you ok?
- Be quiet. → Can you use a softer voice?
- Don't hit. → Please be gentle.
- Stop yelling. → Take a deep breath, then tell me what happened.
- Don't get upset. → It's ok to feel sad.
- Thats enough. → Do you need a hug?
- I'm over this. → I'm here for you.



- Happy Birthday!
- Feb 4: Thelma Rogers
- Feb 6: Leanne Fleming
- Feb 6: Naomi Foyster-Melnyk
- Feb 7: Shirley Hennig
- Feb 8: Howard Ferguson
- Feb 9: Laynee Chomik
- Feb 10: Madison Nott
- Feb 10: Linda Whitten
- Feb 11: Austin Dobler
- Feb 12: Matthew Melnyk
- Feb 13: Glenis Ferguson
- Feb 13: Audrey Weder
- Feb 15: Carla Meikle
- Feb 17: Crystel Belcourt
- Feb 17: Leah Bergman
- Feb 17: Stevie Cannan
- Feb 18: Gayle Foyster
- Feb 19: Debbie McMann
- Feb 19: Tim Tillotson
- Feb 21: Larry Rudolf
- Feb 22: Colten Bouchier
- Feb 23: Braden Bruce
- Feb 23: Gruff Gushnowski
- Feb 25: Leanne Hlus
- Feb 25: Daniel Mercer
- Feb 25: Robert Nott
- Feb 26: Lil Carter
- Feb 26: Courtney Jackson
- Feb 26: Ava Nott
- Feb 26: Jeff Nott
- Feb 28: Kayla Poitras
- Happy Anniversary!
- Feb 11: Vanessa & Mike Fundytus

**LORNA USENIK**  
**(LJ BOOKKEEPING & TAX SERVICE)**

Thank you to all my clients that have supported me over the years, you are greatly appreciated. However due to lifestyle changes I will no longer be doing income taxes.  
Starting with 2021

**INNISFREE-MINBURN**  
**4H BEEF CLUB**  
**BEAR TRACKS**



**ICE MELTER FUNDRAISER**

BEAR TRACKS ice melter provides a safe efficient way to melt ice and compacted snow on sidewalks and driveways. It is a useful product for both residential and commercial areas to ensure that traffic areas are kept ice free and safe for pedestrians.

Benefits:

- Fast acting
- Long lasting
- High visibility blue marker
- Safe on concrete and vegetation
- Pet friendly
- 16 kg pail \$25



**Contact:**  
Clint McLaughlin  
780-870-2435  
Carmen Kassian  
780-208-0569  
or any Innisfree-Minburn 4H Beef Club member for more information



*Feeding the Future™*

One thing no one ever talks about being an adult is how much time you debate yourself on keeping a cardboard box because it's, like, a really good box.

On February 7, we will be voting again to fill our vacant council seat. I want to thank you for your support, calls, and questions. I would like to again let you know that I support our Village remaining independent of the County of Minburn, I support our school, and our resident's right to independence that we all enjoy in Innisfree. If elected, I understand that I work for my fellow residents. I find it concerning that I was once again the only member of the community seeking election to attend the Village Council Meeting on January 18. None of my 5 competitors have attended any of the 4 meetings since this council and mayor took office. I have attended all meetings other than the special meeting on December 30, of which I had no prior knowledge of, or I would have attended this meeting also. The December 30 meeting had Council sell our fire hall to the Country of Minburn for \$1.00 as part of the regionalization of our fire service. The regionalization for the fire service is wonderful, but there were options presented where the Village could have retained ownership of the fire hall and its assets. I spoke in favor of exploring these other options on December 14th and was told by Mayor Johnston that she was informed after the meeting that all questions and comments are to be submitted in writing before the meeting when I asked to speak on January 14.

Because the other candidates have not attended any of the past meetings, they also don't know that currently Village Administration is working to push unnecessary changes to the Traffic Control Bylaw. This new proposed 32-page bylaw (The Town of Vegreville has a 22 page bylaw) will make it a finable offence for our farmers living in the Village to park their farm trucks in front of their homes. I disagree with this as our community's foundation and heritage is agriculture. This bylaw will require the Hall Board to seek permission from the Village CAO if renters plan to stay in the Holiday trailers at the Hall or Rink for events. This is on property not owned by the Village, but by the Ag Society. Are we comfortable with the Village having this authority? I am not. I have other issues with this bylaw and encourage community members to read the proposed bylaw that was passed through its first reading at the January meeting. *To provide background, Mayor and Council granted*



**ELECT EVAN RAYCRAFT**  
**for Village of Innisfree Council**

*permission at the November meeting to **review** the Traffic Control bylaw. This came after School Council asked for an application to be sent to the province for Driver Feedback signs (speed indication signs) and crosswalk signs to be installed on Hwy 870. This request was made in order to encourage travelers to slow down in front of the School and Library to keep our residents and children safe. These signs being requested would likely be paid for by the province, not the Village and all of the leg work was complete by members of School Council. School Council did not request a bylaw review. Since then, countless administrative hours must have been put into this project – all funded by our tax dollars.*



**Evan Raycraft**  
**780-208-0975**

As I informed you in my introductory letter last month, I understand business and asset management. It is important that our Mayor and Council give clear direction to Village staff and ensure that projects and tasks bring value to the residents of the Village of Innisfree. I have life experience that make me the correct choice on the ballot. If elected, I commit to abolish the said requirement that questions, and comments be submitted to Mayor and Council before meetings. I think it's important that we remember that we are a community and that we give all community members a voice. We are a small, but vibrant community, and only with the correct council will we remain sustainable. I ask that you give me your support on February 7.

*Evan Raycraft*

## Library News

The Winter Reading Program is back! For the months of January and February, keep track of what you read and submit your hours to the Library by Friday, March 4 at 3pm. Reading logs are available at the library. We have Walmart gift cards for our patrons, and Northern Lights has tablets and other prizes to be won system wide.

Our Valentine's Day Raffle Basket tickets are on sale now! Tickets are \$2.00 each and will be available to purchase at both the Library and Innisfree Village Office. This basket is filled with lots of goodies for you to take home! Draw to take place on February 11 at the Library.

We will be holding our Book Sale throughout the months of February and March. During our opening hours, stop by to see what there is for you to take home and enjoy! All genres of Books, DVDs, CDs and more are available. Items are for sale by donation and everything must go!

All proceeds from the book sale and raffle basket will go towards future Library Programming. We thank you for your continued generosity and the support of our Library.

Our January Early Literacy Program Bags are available for pickup! January's theme is Toques and February will be Leprechauns. This free kit contains fun numeracy and literacy activities, gross and motor skill games, as well as craft and snack suggestions. There is a limited supply of these bags each month, so be sure to grab yours early so you don't miss out!

Marilyn Newton, Library Manager  
780-592-2122, librarian@innisfreelibrary.ca

# FEBRUARY 22, 2022 (2/22/22) FALLS ON A TUESDAY, SO WE'LL BE ABLE TO CALL IT 2'S DAY!

## The Innisfree Municipal Seed Cleaning Association Ltd.

Submitted by Chad Bown

At the Alberta Seed Processors Association (69th Annual AGM) which took place at the Mayfield Inn from Jan 12-14, Ed Tschetter was recognized for his 35yrs of work in the seed cleaning industry which has been entirely spent at the Innisfree Seed Cleaning Plant.



The Staff, Board of Directors & Executive congratulate you on your longevity of employment, dedication & hardwork here at Innisfree.



The pencil drawing art is from an Alberta artist - Wanina Ewing (Willowtree Designs)



## EMPLOYMENT OPPORTUNITY Village of Innisfree Birch Lake Campground/ Innisfree Recreation Park Management



The Village of Innisfree is now ACCEPTING Applications for the Birch Lake Campground/Innisfree Recreation Park Manager for the 2022 Season.

The Campground/Recreation Park Manager tasks/duties include, but are not limited to, the following:

1. Regular Maintenance of the Campground/Recreation Park such as grass cutting, tree trimming, emptying fire pits, cleaning of bathrooms, showers, and the Campground Administration Office.
2. Maintain a professional office at the Park with regular hours. The Manager will be required to process payments and reservations for camping sites and will be required to maintain accurate and thorough records of inventory and bookings.
3. Ensure that all visitors are made to feel welcome and will promote the Park and the Village of Innisfree in every way possible. Campers are to be greeted when they arrive or at some time during their stay.
4. Carry out small repairs and maintenance within the R.V. Park including camping sites, lawns, outbuildings, structures, parking lots, lighting, shower buildings, picnic shelters, accommodations and any other amenity related to the operation of the R.V. Park – with the Assistance of Village Staff pursuant to budgetary approval.
5. Will be responsible for training and supervision of any hired seasonal staff.

The Successful Candidate will:

- Completion of grade Twelve (12) or Equivalent;
- Possess a valid Class 5 Driver's License;
- Be bondable;
- Obtain the necessary skills to operate heavy equipment (to be considered an asset);
- Ability to perform physical labour;
- Good mechanical aptitude;
- Be "team player";
- Be organized;
- Computer Literacy will be an asset; and
- Ability to keep up with changing tasks on a regular basis.

To view the Birch Lake Campground/Innisfree Recreation Park Manager contract/Job Description, please visit <http://www.innisfree.ca/Employment>.

The Birch Lake Campground / Innisfree Recreation Park Manager must be available to open the Park for business from May 1ST, 2022 to September 6TH, 2022 (or longer, weather permitting). \*\*\*\*\*

**The Village encourages applicants to submit their resumes: by Thursday, March 10, 2022.**

Position will remain open until suitable candidate(s) are found.

Submit your resumes by using the following methods:

**Email:** cao@innisfree.ca    **Fax:** 780-592-3729

**Drop off:** 5116 – 50 Avenue, Innisfree AB T0B 2G0

**OR Mail:** Box 69, Innisfree AB T0B 2G0



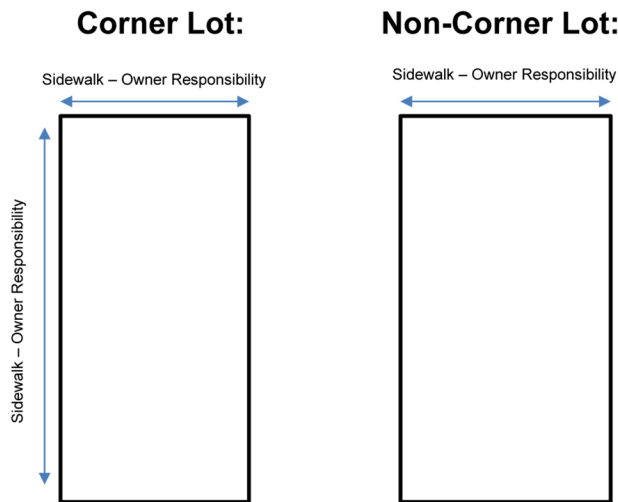
We thank you in advance for your interest, however only those selected for interviews will be contacted.

## NOTICE TO ALL OCCUPANTS Snow Removal on Sidewalks Bylaw 593-13

Pursuant to Snow Removal Bylaw 593-13, property owners or occupiers are responsible for the removal of snow and ice on sidewalks (adjacent to the property.)

A property owner or occupant must NOT allow the snow/ice to accumulate to the degree that pedestrian or vehicular traffic would be inconvenienced or impeded.

Property Owners/Occupiers are responsible for all adjacent sidewalks. Examples are shown below:



Failure to comply with Snow Removal Bylaw 593-13, may result in fees being issued to the property owner for snow removal services.

- Village of Innisfree

## News from the Innisfree Walking Club

Well the Innisfree Walking Club is still going round and round and still talking recipes. We thought for February a good hearty soup would go down well. We chose Hamburger Soup as we know so many of you have made or eaten some form of this for years. Ours came from our friend Lil Carter so hope you enjoy it!

Then in honour of Valentines Day we have included a sweet treat of No Bake Chocolate Square! This is one I remember eating as a kid (a very long time ago!) Both of these recipes can be made GLUTEN FREE by a simple substitution in each.

Remember we would love to have your old recipes you still use or recipes from a loved one that was passed to you. You can email them to me:

[gaylefoyster@gmail.com](mailto:gaylefoyster@gmail.com)



## Hamburger Soup

### Ingredients:

- 1 lb Ground Beef
- 1 Onion, chopped
- 1 – 28 oz can tomatoes\*
- 2 cups water\*
- 1 can tomato soup\*
- Sprinkle of parsley
- 4 carrots, chopped
- 3 stalks celery, chopped
- 8 tbsp pearl barley
- ½ tsp thyme
- 1 bay leaf
- 3 cans consommé soup or 2 beef bouillon cubes in 2 cups hot water (or use your own beef stock)
- Salt and pepper to taste

*\*Note: Canned tomatoes/water and tomato soup can be substituted with approx 5 to 6 cups of your own tomato sauce*

### Directions:

- Brown meat and onions. Drain well.
- Combine all ingredients in a large pot. Cook at least 2 hours or use crock pot and cook 8 hours. Freezes well.
- This recipe can be made Gluten Free by using rice in place of Barley.

## Chocolate Square

### Ingredients:

- 3 cups graham wafer crumbs
- ¾ cup chopped walnuts
- ½ cup melted butter
- 1 egg, beaten
- ½ cup sugar
- 2 heaped tbsp cocoa powder
- 1 tsp vanilla

### Directions:

- In top of double boiler mix butter, sugar, egg, cocoa powder and vanilla. Cook for a few mins.
- In bowl mix crumbs with chopped nuts.
- Add liquid to dry. Mix well and pat into 8 x 8 or 9 x 9 pan.
- Refrigerate then ice with chocolate icing.
- This recipe can be made Gluten Free by using gluten free graham wafer crumbs!

**I DON'T NEED A MOOD RING.  
I HAVE A FACE.**





Mannville – Minburn – Innisfree  
Family & Community Support Services  
And Yellowhead Community Support Society

Email: [mmifcss@mannville.com](mailto:mmifcss@mannville.com)

Location: 5004-49 Street Suite # 4 Mannville

**FOR DETAILED INFORMATION:**

Phone: 780-763-3005 Website: <https://mmifcss.wixsite.com/mmifcss>

Facebook: Mannville-Minburn-Innisfree Family & Community Support Services

Instagram: @mmifcss

Check out the Community Bulletin Boards & Newsletter

Did You Know? Our FB page offers connections to webinars, and other information session in connection with other FCSS programs.

CONNECTING COMMUNITY

- Coffee Connections February 9<sup>th</sup> Mannville @ 10 am and Innisfree @ 1 pm
- Newcomer Welcome packages

CHILDREN & YOUTH

- Supportive & Restorative Circle Project within the schools presented by Good Life Collective

FACILITATION & SUPPORTS

HOME SUPPORT

- Friendly Phone Visiting Call us to have your name added to our calling list
- Meals on Wheels
- TeleCare Emergency Response Connection

PUBLIC INFORMATION & EDUCATION

- Information & Referral & Resources: Newsletters, Income Tax Dates: April 1 & 2, Form Completion, Connections to Resources and Supports
- Let's Talk
- Endeavour To Be Different Take Home Project: Pick Up Dates Feb 16 & 17 & 18

COMMUNITY DEVELOPMENT & SERVICE

- Foot Print Project
- Partnership Projects

\*\*Kalyana MMI Family Resource Network

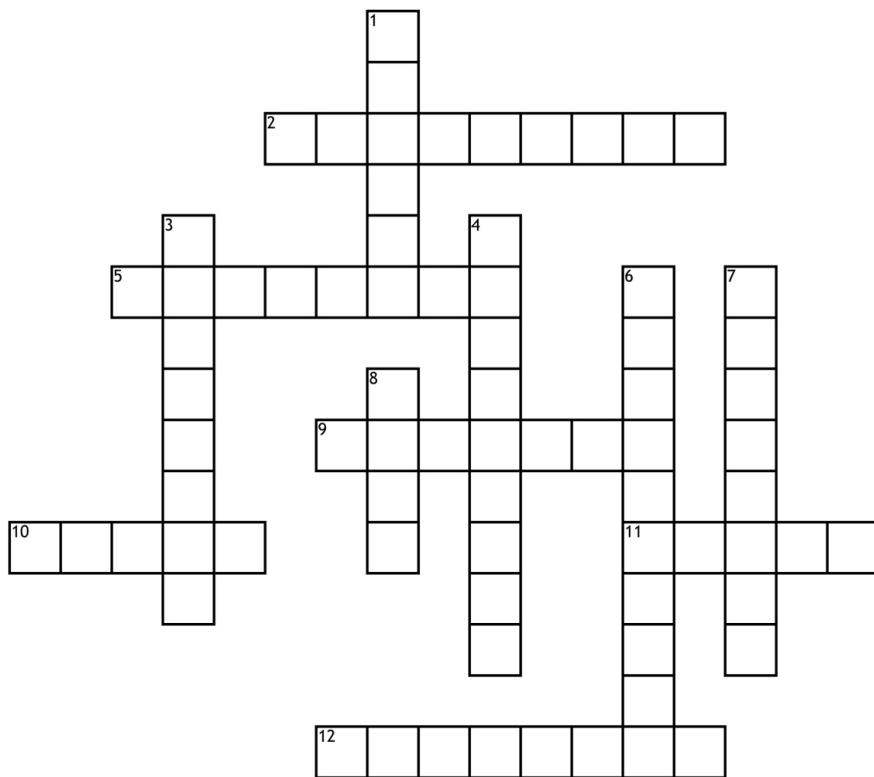
Call or text Alicia @ 780-581-4149

Facebook: MMI Family Resource Network



M-M-I F.C.S.S. would like to extend well wishes to Elizabeth Koehler-Lenko as she ends her employment with us & ventures on another employment journey.

## CROSSWORD: February!



### Across

- Type of romance novels
- Every 4 years is a \_\_\_\_\_
- February 12: \_\_\_\_\_ New Year, the year of the OX
- Be still my beating \_\_\_\_\_
- February is the \_\_\_\_\_ month of winter
- February birthstone \_\_\_\_\_

### Down

- Feb 16: "Fat Tuesday" also called: \_\_\_\_\_ Tuesday
- Shortest month of the year
- Feb 2 \_\_\_\_\_ Day
- Feb 14 \_\_\_\_\_ Day
- A February horoscope sign
- punxsutawney \_\_\_\_\_

MY ABILITY TO  
REMEMBER SONG  
LYRICS FROM THE  
80S FAR EXCEEDS  
MY ABILITY TO  
REMEMBER WHY I  
WALKED INTO THE  
KITCHEN.

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# Appealing to Mother Nature... by Deb Barber



Dear Mother Nature:

If I could please just bend your ear for a moment

I have an item of concern I wish to bring to your attention. I believe that perhaps, you have the months of the year that begin with the letter "J" confused. You see January should be the month of blistering winds, freezing temperatures and never-ending snow and July should be the month of fair weather, sunshine and rain. For some reason there seems to be a glitch in your weather system and for several years now we have been having our July rainfall come in January. We would never wish to assume that we know better than you, however, logically it seems as though rain in January is a waste as it turns into ice which results in a lot of extra work, accidents and stress on the already stressed animals as well as the humans!

If I could use something as a bargaining chip, could I please bring to your notice that Farmer Hubby has been faithfully feeding your birds, putting out piles of canola and black oil

sunflower seed and if you could take a moment to look in on our backyard you will see that at any given time over a 100 or so at the piles and feeders happily indulging in a hearty meal. There is an assortment of Blue Jays, Chickadees, Pine Siskin, Grosbeak, two woodpeckers and four Grouse! If that alone doesn't prove his dedication to all the feathered creatures, he also goes out daily to remove the snow from the deck and railing so their little feet are not as cold standing in the fluffy snow that accumulates there.

He doesn't want the deer to feel left out so during the coldest spell so he has been enthusiastic in putting out piles of oats so that they could have a sufficient food source to keep their internal temperatures up.

Not wanting the horses, who are too stubborn to take refuge in the renovated horse shed, to suffer he has used the tractor to cart round bales of straw down into the pasture for them to snuggle into when the winter winds have been howling. As well each day he determines the direction of the airstream to feed them in the most sheltered areas possible.

Alas I cannot report that on occasion he hasn't cursed the wind, rain, snow and temperatures, but he is after all a simple Farmer, and we all know that they are only happy when they have something to be unhappy about and feel compelled to share that with anyone in the vicinity!

After presenting you with this humble account of our attempts to take care of all your creatures great and small we would ask that you would consider arranging the rain to come in another "J" month and if July holds no favor with you, would you please then contemplate the month of June?

Thank you,  
The Farmer's Wife



If you enjoy a weekly dose of Farm Wife humour please check out my blog at <https://farmwifediary.blog>

## LAST PAGE LYRICS

Love Story  
by Taylor Swift

We were both young when I first saw you  
I close my eyes and the flashback starts  
I'm standin' there  
On a balcony in summer air  
See the lights, see the party, the ball gowns  
See you make your way through the crowd  
And say, "Hello"  
Little did I know  
That you were Romeo, you were throwin' pebbles

And my daddy said, "Stay away from Juliet"  
And I was cryin' on the staircase  
Beggin' you, "Please don't go," and I said  
Romeo, take me somewhere we can be alone  
I'll be waiting, all there's left to do is run  
You'll be the prince and I'll be the princess  
It's a love story, baby, just say, "Yes"  
So I sneak out to the garden to see you  
We keep quiet, 'cause we're dead if they knew  
So close your eyes  
Escape this town for a little while, oh oh  
'Cause you were Romeo, I was a scarlet letter  
And my daddy said, "Stay away from Juliet"  
But you were everything to me

I was beggin' you, "Please don't go," and I said  
Romeo, take me somewhere we can be alone  
I'll be waiting, all there's left to do is run  
You'll be the prince and I'll be the princess  
It's a love story, baby, just say, "Yes"  
Romeo, save me, they're tryna tell me how to feel  
This love is difficult, but it's real  
Don't be afraid, we'll make it out of this mess  
It's a love story, baby, just say, "Yes"  
Oh, oh  
I got tired of waiting  
Wonderin' if you were ever comin' around  
My faith in you was fading  
When I met you on the outskirts of town, and I said

Romeo, save me, I've been feeling so alone  
I keep waiting for you, but you never come  
Is this in my head? I don't know what to think  
He knelt to the ground and pulled out a ring  
And said, "Marry me, Juliet  
You'll never have to be alone  
I love you and that's all I really know  
I talked to your dad, go pick out a white dress  
It's a love story, baby, just say, "Yes"  
Oh, oh, oh  
Oh, oh, oh, oh  
'Cause we were both young when I first saw you

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Thank you to the Village of Innisfree and the Minburn Agricultural Society for their help and support of the Innisfree Informer.

Thank you to the community for their encouragement, kind words, and submissions.

Feb 25, 2022 is the March Informer deadline for submissions. Email to: [innisfreeinformer@gmail.com](mailto:innisfreeinformer@gmail.com) or text 780-632-1585